



The New You  
is Real

Colossians 2:20-3:17

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E Pluribus Unum

**“One Thing” for this week:** Prayerfully consider signing up for the Re:generation Ministry. Contact Mason Smith for more information or to sign-up.

1. The old you cannot control your responses to desires of the flesh (2.20–23; 3.5–9a)
2. The new you responses are heaven-focused and Christ-like (3.1–4, 9b–14)
3. Choose to act like your new life is real (3.15–17)

### **Weekday Application Questions:**

- a) Looking back over the passage, what was new, caught your attention, encouraged you, challenged you, or confused you?
- b) Why do trying harder, self-help books, and depending on following a list of rules not help you to control how you respond to desires of the flesh?
- c) If the old you (your sin nature) truly died with Christ, then why do you still sin?
- d) Why should the new you have a heavenly focus in what you desire and in how you think and act?
- e) What aspects of Jesus' character are the easiest for you to image, and why? What are the hardest, and why?
- f) God has already transformed you, but what must you do to experience the resurrection life?