

Packing List

- Work clothes for 5 days: pack clothes that are “disposable.” We will not have access to a washer/drier during the week.
- Avoid shirts with possibly confusing messages or images (alcohol advertisements, questionable bands, etc.) Shirts MUST be long enough to cover your stomach when you raise your hands. Clothes need to cover all of your underwear.
- Avoid bright red or baby blue clothes, as these are local gang colors. No bandanas, please.
- A pair of long pants (even if your trip is in the summer)
- Shoes you can paint in
- Comfortable “Hang out” clothes for five nights with the same standards as above
- Pajamas
- Flip flops to wear in the shower
- Socks
- Bedding- fitted sheet, pillow and sleeping bag
- Ear plugs for sleeping in the dorm (if desired)
- Bible, journal, pen
- Sunscreen
- Hygiene- deodorant, shampoo, soap, etc...
- Medicines just in case- what do you usually need when you get sick?
- Toothbrush/toothpaste
- Men’s shaving gear/ women’s feminine supplies
- Drink bottle
- Spending money - \$30 (optional)
- Dirty clothes bag
- Towel
- Coat or jacket/sweatshirt if weather requires it