



*giving thanks*  
IN ALL CIRCUMSTANCES

**Giving Thanks in All Circumstances**

**1 Thessalonians 5.18**

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## Notes:

### For further study:

#### **Monday:**

Read Psalm 100. What are the reasons the Psalmist gives for giving thanks to God? For what are you most thankful to God today?

#### **Tuesday:**

Read Psalm 118. How does the Lord work in the Psalmist life, which gives rise to his gratitude? Do you regularly thank God for what he's doing in your life?

#### **Wednesday:**

Read Ephesians 5.20. In what sense does Paul mean we should give God thanks "for everything" (NIV)? Is there a difference between thanking God for a particular struggle and saying the struggle itself is good?

#### **Thursday:**

Read Philippians 4.10–13. What does contentment look like? Are you content? Are you thankful for the life God has given you?

#### **Friday:**

Read 2 Corinthians 12.7–10. Are you able to thank God for even those things that are painful in your life? How have you seen God use trials in your life to bless you?

#### **Saturday:**

Read 1 Thessalonians 5.16–18. What is the relationship of joy and prayer to gratitude?